

Customize your hand-washing song!

Start by writing the words of your favorite song in the lines below. Next, wet your hands, add soap and start singing your personal hand washing song.

Soap your hands for at least 20 seconds



PALM TO PALM



PALM OVER BACK OF HAND



FINGERS INTERLACED



KNUCKLES



THUMBS



FINGERNAILS

Rinse and dry your hands thoroughly.



For every 10 times that you use hand sanitizer, stop and wash your hands!



ASPEN VALLEY HOSPITAL