



March 2025 Soup Specials



SUNDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

National Nutrition Month® was initiated in 1973 as National Nutrition Week. It became a month-long observance in 1980 in response to growing interest in nutrition. The second Wednesday of March is Registered Dietitian Nutritionist Day, an annual celebration of the dedication of RDNs as the leading advocates for advancing the nutritional status of Americans and people around the world. This year's observance will be March 12th.



1
Chef's Choice

2
Chef's Choice

3
Egg Drop
French Lentil

4
Corned Beef & Cabbage
Butternut Squash

5
Chicken Tortilla
Vegan Spinach Soup

6
Detox Soup
Vegan Minestrone

7
Kielbasa and Kale
Wild Rice Soup

8
Chef's Choice

9
Chef's Choice

10
Potato Soup
Roasted Carrot

11
Beef Vegetable
Vegan Black Bean

12

Chicken and Rice
Mushroom Garlic

13
Italian Wedding
Roasted Red Pepper

14
Chicken Noodle
Miso

15
Chef's Choice

16
Chef's Choice

17
French Onion
Curried Cauliflower

18
Sweet and Sour Soup
Garden Vegetable

19
African Peanut Soup
Hearty Tomato

20
Pork Green Chili
Vegan Green Chili

21
Beef Barley
Mushroom Barley

22
Chef's Choice

23
Chef's Choice

24
Tortellini Soup
Tomato Basil

25
Turkey Noodle
Tuscan Bean

26
Clam Chowder
Vegan Corn

27
Jambalaya
Coconut Curry Lentil

28
Navy Beans and Ham
Fresh Pea Soup

29
Chef's Choice

30
Chef's Choice

31
Broccoli Cheddar
Vegan Cream of
Fennel

The talented chefs at Castle Creek Café offer up our homemade soups daily. Please enjoy our uniquely crafted recipes including a routine vegetarian option. Soups may vary from chef to chef; as culinary artists we encourage and thrive on creative freedom. ;Bon Appétite!





Food Connects Us
2025 NATIONAL NUTRITION MONTH

WORD SEARCH

Words may be horizontal, vertical, diagonal, or backwards

Acorn Squash	A	C	O	R	N	S	Q	U	A	S	H	C	E
Bulgur	S	A	P	K	E	A	D	L	I	N	E	W	I
Chard	N	M	E	D	R	M	P	O	P	C	O	R	N
Chicken	O	R	P	S	U	A	E	S	B	L	Y	U	D
Edamame	O	Y	A	I	N	T	C	A	S	D	E	G	B
Honeydew	T	A	R	O	R	O	O	T	N	K	N	L	S
Kiwi	E	D	M	D	K	M	H	R	I	A	U	U	R
Lychee	R	B	E	E	Y	C	B	W	O	C	R	B	R
Okra	W	I	S	A	R	D	I	N	E	S	B	Y	E
Parmesan Cheese	N	R	A	N	O	M	W	H	R	N	T	S	N
Popcorn	E	L	N	A	L	E	E	M	A	M	A	D	E
Sardines	K	U	C	S	A	T	S	G	S	T	P	E	C
Sesame Seeds	C	T	H	D	E	C	U	B	O	R	W	E	H
Tamarind	I	G	E	L	Y	H	R	A	O	M	H	S	I
Taro Root	H	Q	E	H	O	L	Q	D	M	W	C	E	L
Yogurt	C	H	S	P	G	R	N	L	G	E	D	M	A
	O	P	E	C	U	I	P	R	E	D	R	A	T
	P	W	G	B	R	P	K	H	N	Y	Q	S	D
	L	I	O	A	T	U	C	P	A	E	N	E	W
	N	G	M	R	R	Y	E	H	T	N	U	S	C
	R	A	E	K	L	G	I	N	O	O	R	I	F
	T	O	L	B	A	D	W	E	C	H	A	R	D